

Adult Learning

Getting started with NHS Apps



FREE COURSE

Thursday 19th March 2026

09:30 am – 12:30 pm
1 week

In
Penrith Library

Led by our fully qualified
digital tutor

This course will cover the following topics:

- NHS App core functionality
- Benefits of using the NHS App
- Troubleshooting with hints and tips
- Supporting individuals to develop their personal knowledge of the NHS App

ENROL NOW!

To book a place please visit our website at: adultlearningcumbria.org
Search under the heading 'Digital'. You can then complete an online enrolment form. Or speak to one of the Penrith Adult Learning Team on **07468709606/01768 812103** or email penrithadultlearning@westmorlandandfurness.gov.uk



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Working for Cumberland Council and
Westmorland & Furness Council